

# XVI BeNeLux2023 Games program



Saturday, June 10th									
Kids <= 9 years			Children 10-13/14			Adults 14+			
08:30									
09:00	Arrival, registration								
09:30									
10:00	Opening ceremony								
10:30	Kid's corner			Table tennis		Basketball (men) + three-pointers	Table tennis		
11:00		High jumps		High jumps	Checkers			Jumps long / high	Shot put
11:30		Long jumps		Long jumps					
12:00									
12:30									
13:00									
13:30							Women + free throw		
14:00									
14:30									
15:00									
15:30									
16:00	Family relays								
16:30									
17:00									
17:30									
18:00	Awards ceremony								
18:30									
19:00	Dinner								
19:30									
20:00									
20:30									
21:00									
21:30									
22:00									
22:30									
23:00									

Spaces at the sport centre

Main hall: section 1	Stadium
Main hall: section 2	Football field
Main hall: section 3	Outside
Small hall	Tennis (7km away)
Swimming pool	

Swimming pool is open on Saturday 13:00-14:30. Fee: 3 eur adult / 1,5 eur kid. Max capacity - 49 people;

Sunday, June 11th										
Kids <= 9 years			Children 9-13/14			Adults 14+				
08:30										
09:00	Arrival, registration									
09:30										
10:00	Kid's corner			Badminton		Football	Badminton			
10:30										
11:00		Running	Running							
11:30					Chess					
12:00		Football	Football			Running				
12:30										
13:00										
13:30										
14:00			Swimming*	Swimming*				Swimming*		
14:30									Volleyball	
15:00										
15:30										
16:00	Family relays									
16:30										
17:00										
17:30	Awards ceremony									
18:00										
18:30	Cleaning									
19:00										
19:30										
20:00										
20:30	* Swimming pool is open on Sunday from 13:30 until 16:00									
21:00										
21:30										
22:00										
22:30										
23:00										

\* Swimming pool is open on Sunday from 13:30 until 16:00